Joplin High School Summer School 2009

Weights/PE Program 09 JHS

Student Name:_____, _____ **Student ID:**_____
Last First

Address:_____ **Current Grade Level:**_____

Current School:_____ **Gender:**_____

Parent/Guardian:_____ **Home Phone:**_____ **Work Phone:**_____

Emergency Contact:_____ **Emergency Phone:**_____

Medical Conditions:_____

Medications taken at school:_____

Course Description: Weight Training students participate in a variety of physical activities, including weight training, plyometrics, speed development, and skill development. The purpose of the Weight Training is to develop muscular strength, speed, agility, and flexibility along with hand-eye development.

Grade Levels: 9-12 & 7-8

Start date: June 8, 2009
End date: July 16, 2009
Days: Monday thru Thursday

Each session starts at the below times and lasts 2 and ½ hours. In order to earn credit for the course, students must attend a minimum total of 60 hours in the Weights/PE course for the summer session.

Session/Times: Circle the desired time
GRADES 9TH -10TH -11TH -12TH

1ST SESSION- 6:45 AM

2ND SESSION 7:45 AM

3RD SESSION 8:45 AM

4TH SESSION 9:45 AM (GIRLS)

***GRADES* 7TH-8TH**
1ST & ONLY SESSION STARTS @ 11:00 AM MONDAY THRU THURSDAY

_____ _____
Parent/Guardian Date **Student Date**

(Students may take this class for **no-credit;** talk to you school counsel for information. Taking the class for no credit best serves students who may take weighted high school classes like AP and Dual Credit)
_____ Check here if you would like to take the class for NO CREDIT.

Please return this form to Jason Cravens before May 29, 2009.